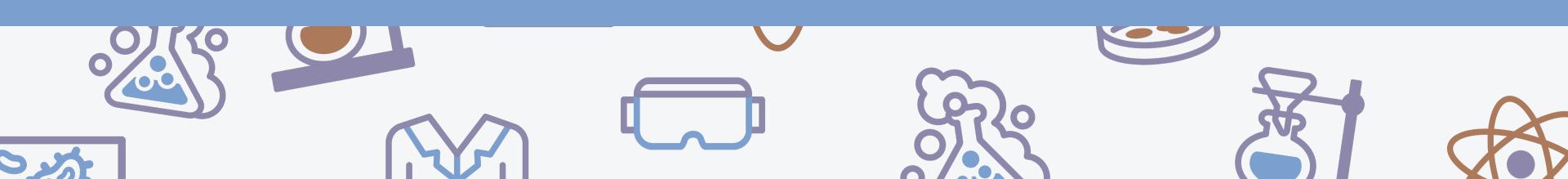


This resource was supported by the Food and Drug Administration (FDA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$424,456 with 100 percent funded by FDA/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by FDA/HHS, or the U.S. Government. For more information, please visit FDA.gov.

With Valerisa Gaddy, PhD Watershed Management Group **Community Conservation Director**



WELCOME











INDIGENOUS FOOD & AGRICULTURE INITIATIVE

Started at the University of Arkansas School of Law by Dean Emeritus Stacy Leeds and Founding Director Janie Simms Hipp in 2013.

Our Mission Enhance health and wellness in tribal communities by advancing healthy food systems, diversified economic development, and cultural food traditions in Indian Country.



MEET YOUR SPEAKER



Valerisa Gaddy, PhD Watershed Management Group









Community Conservation Director





Who am I?

- Navajo from Gallup, NM (Lupton, AZ)
- Scientist
- Mom What is the next generation's water quality going to look like?



Why Listen to Me?

- Experience with water quality assessments
- 2018 Yuma Lettuce Outbreak
- Trainer
- Water Policy/Water Science
 - Communication and translation



FSMA: Food Safety Modernization Act

- 2011 The Food Safety Modernization Act (FSMA) is a law enacted by the US Food and Drug Administration (FDA) to maintain the safety of food
- Under FSMA, The Produce Safety Rule (PSR) provides grower regulations for improving food safety

Prevention > Reaction





Increase profits Prevention Imported goods meet **US** Standards

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No Mention of Tribal Nations!



Increase profits Prevention Imported goods meet **US** Standards



AZ Tribal Growers & Ranchers

- Represent <u>almost half</u> of the farmers and ranchers in Arizona
- 21 million farm acres are tended by Arizona's twenty-two Federally recognized tribes and nations
- ~200% larger than the national farm size average
- 2015 Sold close to \$85 million worth of agricultural products

#1 Concern among Tribal Farmers: **Irrigation Rights**



Assessments **Controlling** fecal contamination is one key to minimizing produce safety issues, but keep in mind that the test for generic E. coli only indicates fecal contamination not all human pathogens. The requirement for agricultural water used during harvest and postharvest is no detectable generic E. coli in 100 mL of water.

Agricultural Water

American Indians and Foodborne Illness



 Foodborne illness (Fbl) among American Indian populations greater than non-Native populations

 Fbl is rarely & severely underreported in Indian Country

> cases are not reported back to tribal clinics

How do we prevent foodborne illness?

- Antibiotics/Antivirals
- Cleaning Detergents
- Hand washing
- UV
- Food Prep
- Expiration dates

DNA

• **TESTING**



Culturing



Look for indicator organisms

Easiest Method: Colilert

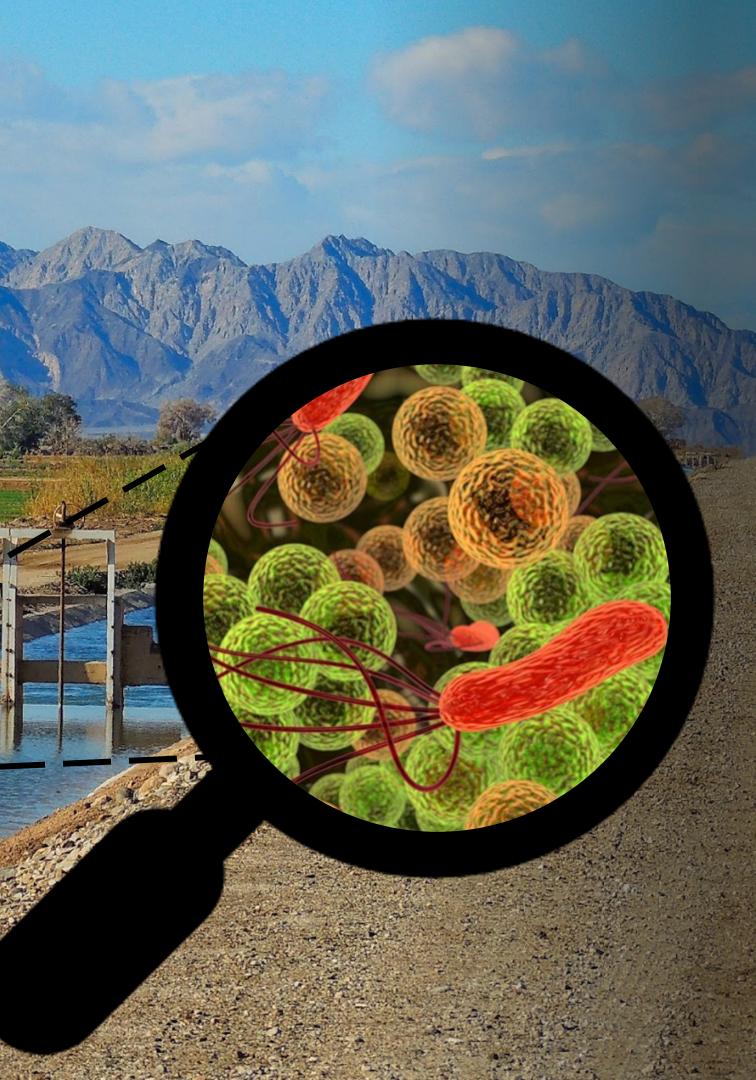
Looking for an indicator organism







WHAT IS AN INDICATOR ORGANISM?

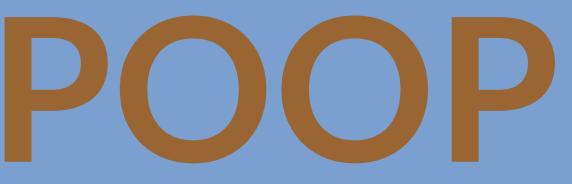


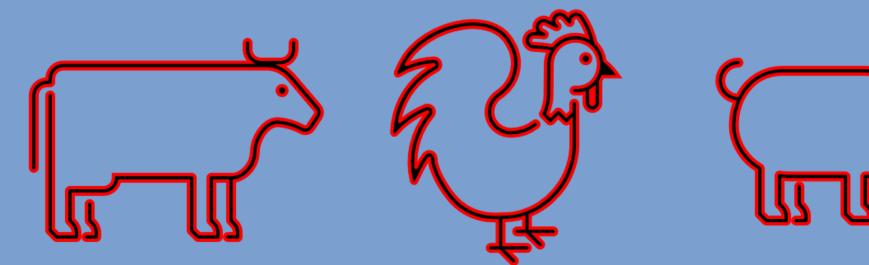
What's *E. coli*?

- Bacterium
- There are over 700 types of *E. coli*
- Many are *not pathogenic many are* **Beneficial**
- Only a few are dangerous to humans



• Comes from the intestinal lining of warm-blooded animals

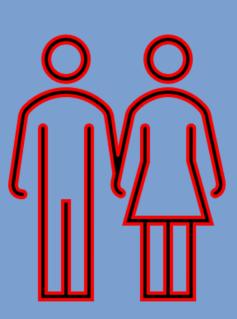






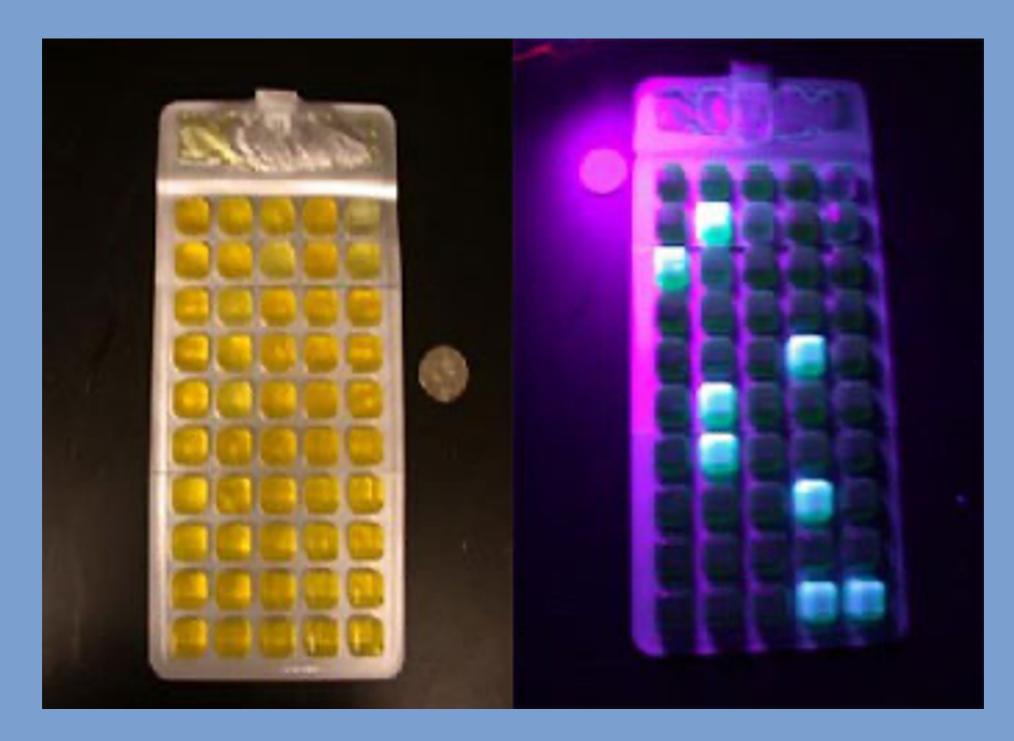






Easiest Method: Colilert

Looking for an indicator organism

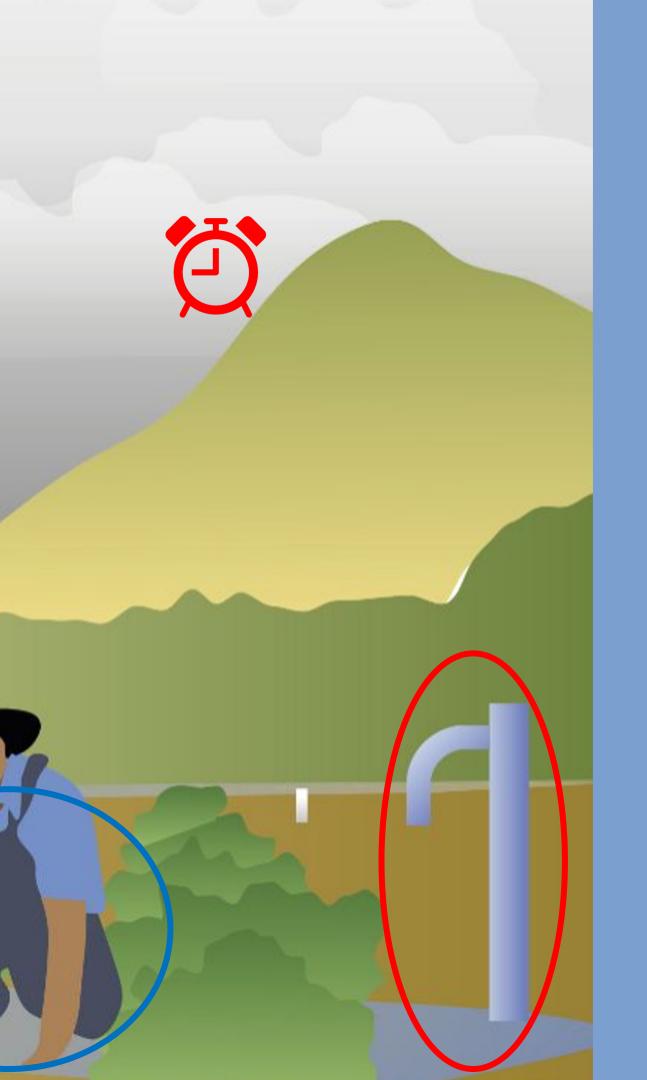


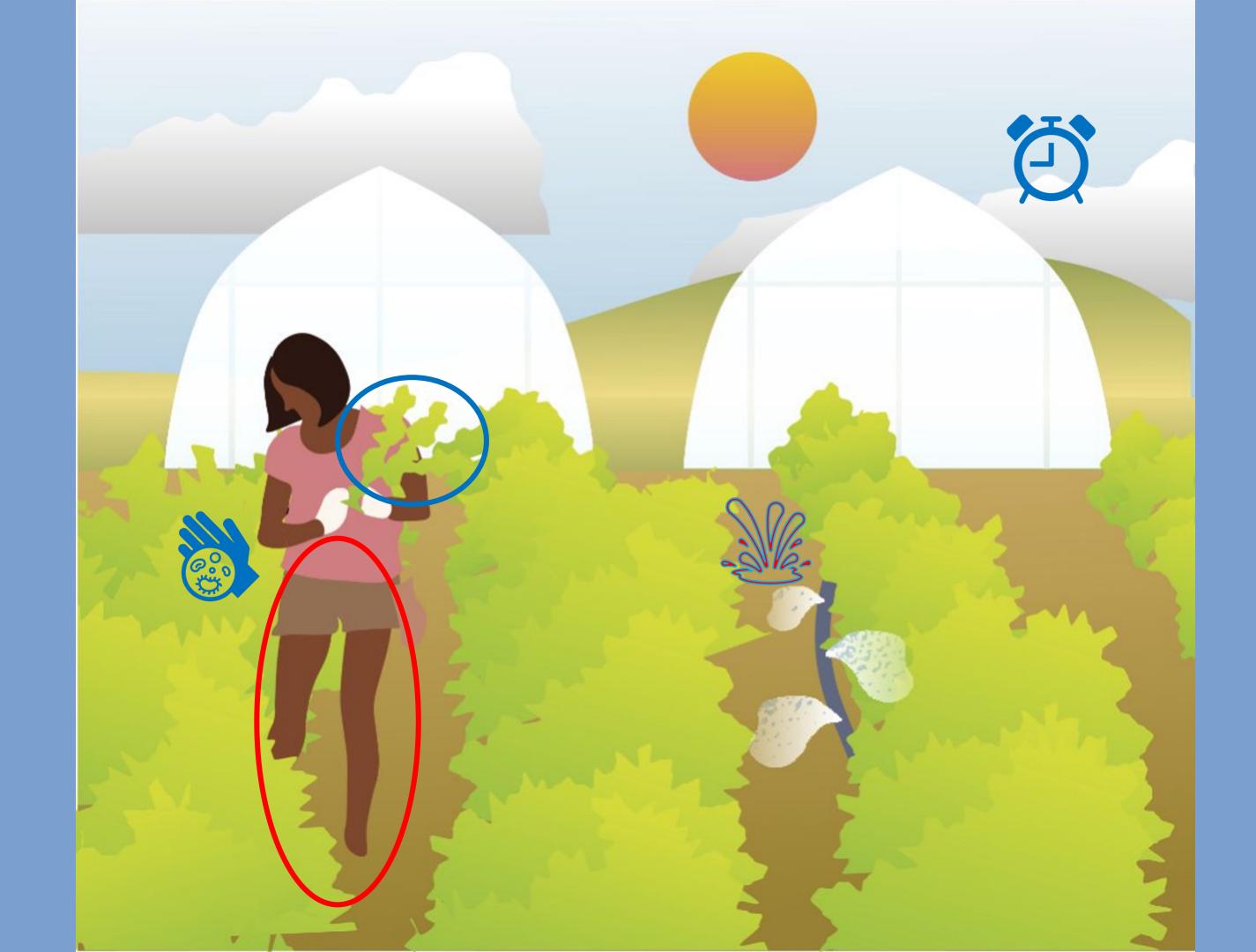




Total Coliform - a group of bacteria containing both non-fecal coliform (found in soil and surface water) and fecal coliform. Fecal Coliform a subset of coliform that are heat tolerant. A common source is animal waste. **E. Coli** - a type of coliform often found in the intestines of warm-blooded animals.

Considerations for sampling





Considerations



Time: Day, Season, weather





Contamination sources: What is around you?



PPE: Personal Protective Equipment



Water Source: Ground Water, rainwater, city water, etc. location,

What are some of the questions you have about agricultural water?

- What are some issues you are having?
- Anything I can do to improve my water?



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Het

Valerisa Gaddy, PhD







Community Conservation Director





LEARN MORE & SIGN UP FOR FREE TRAININGS

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Tribal Food Safety Alliance

FOOD SAFETY TRAINING FOR INDIAN COUNTRY

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Indigenous Food and Agriculture Initiative





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